

FOREST HILL GOLF CLUB - COURSE HANDICAP TABLE

MEN'S WHITE		MEN'S YELLOW		MEN'S RED		WOMEN'S RED	
COURSE RATING	72.2	COURSE RATING	70.9	COURSE RATING	67.5	COURSE RATING	73.3
PAR	73	PAR	73	PAR	70	PAR	73
SLOPE	136	SLOPE	132	SLOPE	123	SLOPE	140
Handicap Index	Course Handicap	Handicap Index	Course Handicap	Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.8	+7	+5.0 to +4.7	+8	+5.0 to +4.6	+8	+5.0 to +4.7	+6
+4.7 to +4.0	+6	+4.6 to +3.8	+7	+4.5 to +3.7	+7	+4.6 to +3.9	+5
+3.9 to +3.1	+5	+3.7 to +3.0	+6	+3.6 to +2.8	+6	+3.8 to +3.1	+4
+3.0 to +2.3	+4	+2.9 to +2.1	+5	+2.7 to +1.9	+5	+3.0 to +2.3	+3
+2.2 to +1.5	+3	+2.0 to +1.2	+4	+1.8 to +1.0	+4	+2.2 to +1.5	+2
+1.4 to +0.6	+2	+1.1 to +0.4	+3	+0.9 to +0.1	+3	+1.4 to +0.7	+1
+0.5 to 0.2	+1	+0.3 to 0.5	+2	0.0 to 0.9	+2	+0.6 to 0.1	0
0.3 to 1.0	0	0.6 to 1.3	+1	1.0 to 1.8	+1	0.2 to 0.9	1
1.1 to 1.9	1	1.4 to 2.2	0	1.9 to 2.7	0	1.0 to 1.7	2
2.0 to 2.7	2	2.3 to 3.0	1	2.8 to 3.6	1	1.8 to 2.5	3
2.8 to 3.5	3	3.1 to 3.9	2	3.7 to 4.5	2	2.6 to 3.3	4
3.6 to 4.4	4	4.0 to 4.7	3	4.6 to 5.5	3	3.4 to 4.1	5
4.5 to 5.2	5	4.8 to 5.6	4	5.6 to 6.4	4	4.2 to 5.0	6
5.3 to 6.0	6	5.7 to 6.5	5	6.5 to 7.3	5	5.1 to 5.8	7
6.1 to 6.8	7	6.6 to 7.3	6	7.4 to 8.2	6	5.9 to 6.6	8
6.9 to 7.7	8	7.4 to 8.2	7	8.3 to 9.1	7	6.7 to 7.4	9
7.8 to 8.5	9	8.3 to 9.0	8	9.2 to 10.1	8	7.5 to 8.2	10
8.6 to 9.3	10	9.1 to 9.9	9	10.2 to 11.0	9	8.3 to 9.0	11
9.4 to 10.2	11	10.0 to 10.7	10	11.1 to 11.9	10	9.1 to 9.8	12
10.3 to 11.0	12	10.8 to 11.6	11	12.0 to 12.8	11	9.9 to 10.6	13
11.1 to 11.8	13	11.7 to 12.4	12	12.9 to 13.7	12	10.7 to 11.4	14
11.9 to 12.7	14	12.5 to 13.3	13	13.8 to 14.6	13	11.5 to 12.2	15
12.8 to 13.5	15	13.4 to 14.2	14	14.7 to 15.6	14	12.3 to 13.0	16
13.6 to 14.3	16	14.3 to 15.0	15	15.7 to 16.5	15	13.1 to 13.8	17
14.4 to 15.2	17	15.1 to 15.9	16	16.6 to 17.4	16	13.9 to 14.6	18
15.3 to 16.0	18	16.0 to 16.7	17	17.5 to 18.3	17	14.7 to 15.4	19
16.1 to 16.8	19	16.8 to 17.6	18	18.4 to 19.2	18	15.5 to 16.3	20
16.9 to 17.6	20	17.7 to 18.4	19	19.3 to 20.2	19	16.4 to 17.1	21
17.7 to 18.5	21	18.5 to 19.3	20	20.3 to 21.1	20	17.2 to 17.9	22
18.6 to 19.3	22	19.4 to 20.2	21	21.2 to 22.0	21	18.0 to 18.7	23
19.4 to 20.1	23	20.3 to 21.0	22	22.1 to 22.9	22	18.8 to 19.5	24
20.2 to 21.0	24	21.1 to 21.9	23	23.0 to 23.8	23	19.6 to 20.3	25
21.1 to 21.8	25	22.0 to 22.7	24	23.9 to 24.8	24	20.4 to 21.1	26
21.9 to 22.6	26	22.8 to 23.6	25	24.9 to 25.7	25	21.2 to 21.9	27
22.7 to 23.5	27	23.7 to 24.4	26	25.8 to 26.6	26	22.0 to 22.7	28
23.6 to 24.3	28	24.5 to 25.3	27	26.7 to 27.5	27	22.8 to 23.5	29
24.4 to 25.1	29	25.4 to 26.1	28	27.6 to 28.4	28	23.6 to 24.3	30
25.2 to 26.0	30	26.2 to 27.0	29	28.5 to 29.3	29	24.4 to 25.1	31
26.1 to 26.8	31	27.1 to 27.9	30	29.4 to 30.3	30	25.2 to 25.9	32
26.9 to 27.6	32	28.0 to 28.7	31	30.4 to 31.2	31	26.0 to 26.7	33
27.7 to 28.4	33	28.8 to 29.6	32	31.3 to 32.1	32	26.8 to 27.6	34
28.5 to 29.3	34	29.7 to 30.4	33	32.2 to 33.0	33	27.7 to 28.4	35
29.4 to 30.1	35	30.5 to 31.3	34	33.1 to 33.9	34	28.5 to 29.2	36
30.2 to 30.9	36	31.4 to 32.1	35	34.0 to 34.9	35	29.3 to 30.0	37
31.0 to 31.8	37	32.2 to 33.0	36	35.0 to 35.8	36	30.1 to 30.8	38
31.9 to 32.6	38	33.1 to 33.8	37	35.9 to 36.7	37	30.9 to 31.6	39
32.7 to 33.4	39	33.9 to 34.7	38	36.8 to 37.6	38	31.7 to 32.4	40
33.5 to 34.3	40	34.8 to 35.6	39	37.7 to 38.5	39	32.5 to 33.2	41
34.4 to 35.1	41	35.7 to 36.4	40	38.6 to 39.5	40	33.3 to 34.0	42
35.2 to 35.9	42	36.5 to 37.3	41	39.6 to 40.4	41	34.1 to 34.8	43
36.0 to 36.8	43	37.4 to 38.1	42	40.5 to 41.3	42	34.9 to 35.6	44
36.9 to 37.6	44	38.2 to 39.0	43	41.4 to 42.2	43	35.7 to 36.4	45
37.7 to 38.4	45	39.1 to 39.8	44	42.3 to 43.1	44	36.5 to 37.2	46
38.5 to 39.3	46	39.9 to 40.7	45	43.2 to 44.0	45	37.3 to 38.0	47
39.4 to 40.1	47	40.8 to 41.6	46	44.1 to 45.0	46	38.1 to 38.9	48
40.2 to 40.9	48	41.7 to 42.4	47	45.1 to 45.9	47	39.0 to 39.7	49
41.0 to 41.7	49	42.5 to 43.3	48	46.0 to 46.8	48	39.8 to 40.5	50
41.8 to 42.6	50	43.4 to 44.1	49	46.9 to 47.7	49	40.6 to 41.3	51
42.7 to 43.4	51	44.2 to 45.0	50	47.8 to 48.6	50	41.4 to 42.1	52
43.5 to 44.2	52	45.1 to 45.8	51	48.7 to 49.6	51	42.2 to 42.9	53
44.3 to 45.1	53	45.9 to 46.7	52	49.7 to 50.5	52	43.0 to 43.7	54
45.2 to 45.9	54	46.8 to 47.5	53	50.6 to 51.4	53	43.8 to 44.5	55
46.0 to 46.7	55	47.6 to 48.4	54	51.5 to 52.3	54	44.6 to 45.3	56
46.8 to 47.6	56	48.5 to 49.3	55	52.4 to 53.2	55	45.4 to 46.1	57
47.7 to 48.4	57	49.4 to 50.1	56	53.3 to 54.0	56	46.2 to 46.9	58
48.5 to 49.2	58	50.2 to 51.0	57			47.0 to 47.7	59
49.3 to 50.1	59	51.1 to 51.8	58			47.8 to 48.5	60
50.2 to 50.9	60	51.9 to 52.7	59			48.6 to 49.3	61
51.0 to 51.7	61	52.8 to 53.5	60			49.4 to 50.2	62
51.8 to 52.5	62	53.6 to 54.0	61			50.3 to 51.0	63
52.6 to 53.4	63					51.1 to 51.8	64
53.5 to 54.0	64					51.9 to 52.6	65
						52.7 to 53.4	66
						53.5 to 54.0	67



INSTRUCTIONS

Find the range containing your Handicap Index in the left column.
 Play with the Course Handicap in the right column which correspond with that range.
 Please make sure the tees you are playing correspond with the tees this table applies to.

